

# Respect

**National overview of perpetrator work**

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Thames Valley Domestic Abuse Steering Group Event 16.11.21

# Respect

Leading the development of safe and effective work with:

- perpetrators,
- male victims and
- young people using violence and abuse in close relationships

Working to end domestic abuse by creating:

- Change for individuals
- Systems change
- Social change

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**Why work with  
perpetrators?**

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- Work with the cause of the problem
- CJS has limited reach
- (Some) perpetrators want to change
- Work with perpetrators = keeping survivors safe

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**WE NEED TO STOP ASKING  
“WHY DOESN’T SHE LEAVE?”  
AND START ASKING  
“WHY DOESN’T HE STOP?”\***

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Mapping the provision of non-statutory perpetrator work in the UK - from early responses to high-harm/high-risk

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Information/support Respect Phonenumber

Early response For those not ready to disclose  
abuse (Make a Change England,  
Change that Lasts Wales)

DVPP's Disclosure is essential

High-harm Change/Support/Disrupt serial  
perpetrators (Drive Project)



structured

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# Respect

Phoneline

Choose to stop: We provide help for domestic violence perpetrators

Choose to stop.



Information/support



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# Respect

Phoneline

What do we want to achieve?

- Minimise the risk in the short-term
- Encourage and motivate perpetrators to address their behaviour
- Increase empathy for the victim

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Phoneline

"I felt that I had somewhere to go and I wasn't alone. I have more choices now than I did before I called. I had someone who didn't judge but told me directly that what I had done wasn't right and made me face it. I appreciated having a safe space to tell someone what was happening."

Phil



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A community-wide, early response approach to people who are concerned they are using abuse in intimate relationship. England



Early intervention with perpetrators. CLEAR is a complementary strand of Change that Lasts. Wales



Early response

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**Expert Support: 26-week programme for anyone using (or has used) abusive behaviours towards a partner/ex-partner**

**Expert Support: specialist support for partners and ex-partners and their children**

**Workforce Development: support for professionals to recognise, respond and refer to Expert Support**

**Community Outreach and support for Friends and Family**

## Expert Support - What does it look like?

Group or 1:1 support for men in opposite sex relationships

1:1 support for women in opposite sex relationships

1:1 support for adults from the LGBTQ+ communities



Phase One (10 weeks)	Phase Two (10 weeks)	Phase Three (6 weeks)
<p>For men who are using abuse or concerned they might be</p> <p>Any level of disclosure</p> <p>Any level of harm</p> <p>Children or no children</p> <p>Can have done Phase Two first</p>	<p><b>Only</b> for men who have made disclosures about violence and abuse</p> <p>Any level of harm</p> <p>Children / no children</p> <p>Don't have to have completed Phase One first</p>	<p>For men who have <b>completed Phase Two</b>, whether or not they have completed Phase One.</p> <p>Fathers (and fathers-to-be) or other men who live and/or care for children.</p>

Support for partners/ ex-partners and children



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## Expert support - what topics does it cover?

Phase One (10 weeks)	Phase Two (10 weeks)	Phase Three (6 weeks)
<p><b>Taking care of yourself and your relationships</b></p> <p>Healthy Relationships Being a Man Understanding Thoughts, Feelings and Behaviour Building Emotional Resilience Understanding Arguments Intimacy Break-ups Self-care</p>	<p><b>Addressing violence, abuse and controlling behaviours directly</b></p> <p>Facing up Power and Control Sore Points and Warning Signs Non-physical abuse Consent and Pressuring Impact of Domestic Abuse on Women Impact of Domestic Abuse on Children Accountability Endings and Next Steps</p>	<p><b>Parenting</b></p> <p>Understanding the impact of domestic abuse on children Managing children’s behavior in child- centered ways Accountability to children – helping them heal after domestic abuse Post-separation parenting</p>

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## Pathways into Make a Change

Self-Referrals

Referrals from (ex) partners,  
friends and family members



Referrals from professionals and  
employers

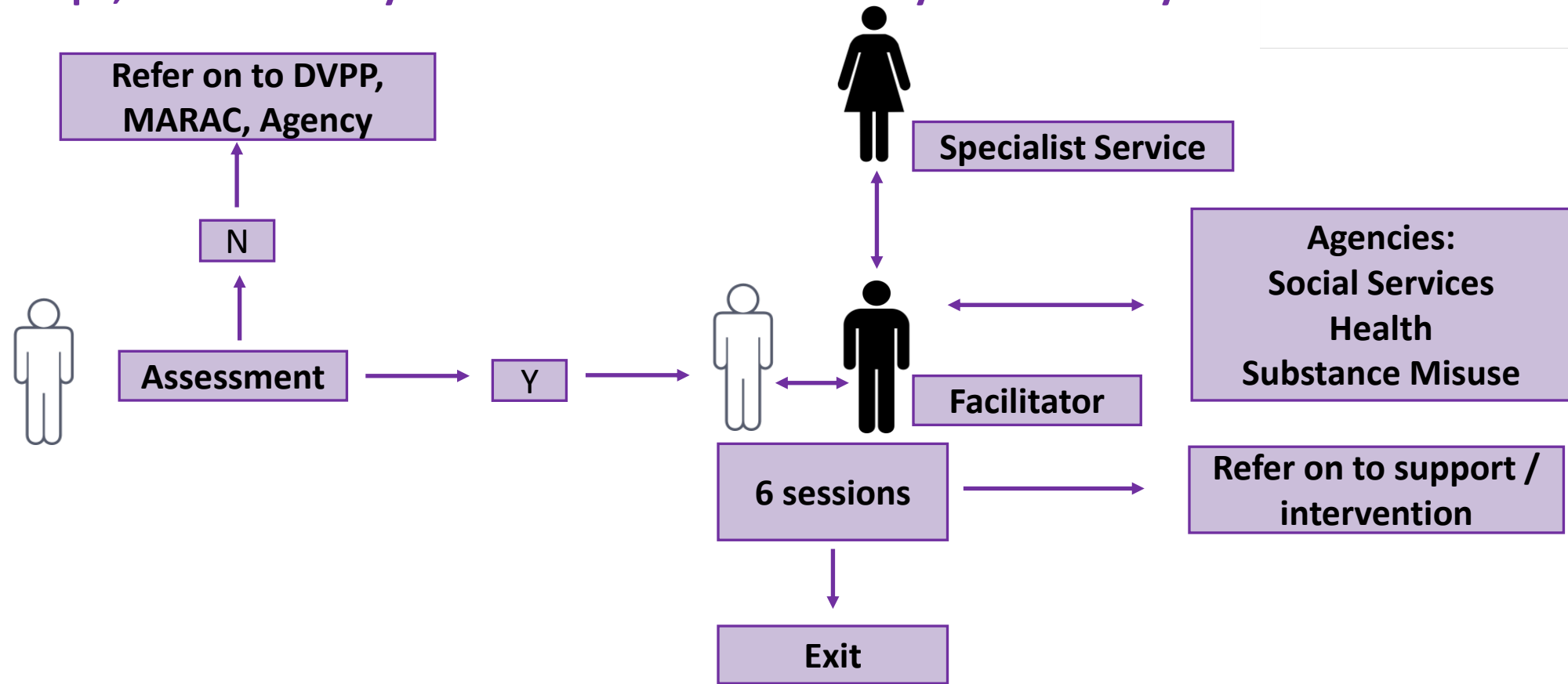
Referrals from Children's Social  
Care – additional referral  
requirements apply

## Change that Lasts Early Intervention Raising

- Accessible at the ‘earliest opportunity’
- Direct engagement with perpetrators
- Short structured VAWDASV awareness raising
- Integrated support service
- Referral to additional services



CLEAR is aimed at working with men who are using abusive behaviours in their relationships, but have not yet received services and may not be ready to disclose.



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## Domestic Violence Perpetrator Programmes

- Since late 80's/early 90's
- Hold perpetrators to account/Offer opportunity to change
- Groupwork setting
- Integrated Support Service

DVPP's

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# DRIVE >

## Drive Project

- Addresses the behaviour of high harm domestic abuse perpetrators to target the root cause of the abuse and improve outcomes for adult and child victims
- Partnership: Respect, Safe Lives, Social Finance
- One-to-one case management
- Disruption activity

High risk

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# DRIVE >

## Areas of support and disruption interventions

### Areas of support:

Physical Health	Socialisation and Community
Psychological wellbeing – Mental Health	Purposeful Activities
Homelessness/Housing	Education, Employment and Training
Children and Families	Benefits, Debt Management and Finances
Substance Misuse	Behavioural and Attitudinal Change
	Identity

### Areas of disruption:

Children and Families	Availability of Victims
Evidence gathering for prosecution	Notification
Use of breach of orders	Housing
Legal proceedings	Benefits, debt and finances
	Information sharing with police

High risk

Perpetrator Pillar of Domestic Abuse Strategy – Drive recommendations:  
<http://driveproject.org.uk/wp-content/uploads/2021/09/Building-a-robust-response-to-perpetrators-recommendations-for-the-new-Domestic-Abuse-Strategy-080921.pdf>

### Evaluations

- Drive project: <http://driveproject.org.uk/about/research-evaluation/>
- Change that Lasts: <https://www.welshomensaid.org.uk/wp-content/uploads/2021/10/Change-That-Lasts-Evaluation.pdf>
- DVPP's: <https://projectmirabal.co.uk/wp-content/uploads/2020/06/ProjectMirabalfinalreport.pdf>

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Thank you