

Respect

together we can end domestic
abuse.

Alice Lilley, Respect Young People Service

About us

Respect is a pioneering UK membership organisation in the domestic abuse sector.

We lead on the development of safe, effective work with perpetrators, male victims, and young people using violence in their close relationships. As a 2nd tier organisation, we provide leadership across 3 main themes:

Influence

- We use our expertise, and that of our members, to help shape thinking and to influence policy, practice and legislation.
- We push for strategic, well-funded, cross-government, multi-agency responses to domestic abuse that centre the needs of adult and child survivors.

Support

- We provide leadership and guidance to our members and the wider sector.
- We provide training and workforce development.
- We set standards for, and accredit, specialist responses to domestic abuse, both for perpetrators and male victims.

Innovate

- We work with partners to develop, test and scale up innovative new responses to domestic abuse.
- We deliver the Respect Phoneline for perpetrators and the Men's Advice Line for male victims of domestic abuse.
- We work with research partners to develop the evidence base that underpins our work.

Our vision

Our vision is to end domestic abuse. It's a simple ask and a daunting task. We know it will take generations of hard work to get there.

In the meantime, we want to live in a world where domestic abuse is not tolerated, where perpetrators are held to account and survivors' safety and wellbeing is centred.



Our key areas of work

We know that we can't achieve our vision alone. The scale of the problem is just too big and complex for one organisation to solve. It requires coordinated action across society, with everyone working together.

As an organisation we focus on 3 strands of work:

Perpetrators of domestic abuse are held accountable, offered the chance to change, and stopped from causing further harm.

Young people who cause harm to family members/carers or in their intimate relationships are offered responses that recognise both their vulnerability and the risk they pose.

Male victims of domestic abuse are supported to escape and recover from the abuse they have experienced through a range of responses designed to meet their needs.

Research and
development

Training and
implementation
support

Respect Young People's
Programme
RYPP



CAPVA Early
intervention: training
and toolkits

Teenage relationship
Abuse: training and
toolkits

Respect Young People's Service

In 2020-21:

Trained 261 professionals in RYPP

Trained 237 professionals in Early Intervention for CAPVA

Developed resources and training for Teenage relationship Abuse interventions

Areas of development/ research

Analysis of RYPP intervention for neurodiverse young people

Implementation models and support

Teenage relationship abuse interventions

RYPP Intervention

- Engagement
- Assessment / Risk Assessment
- Sessions – Young People (Individual or Group)
- Parenting Sessions
- Family Agreements / Reviews
- Evaluation



Programme structure

18 Sessions delivered over 12 weeks

7 sessions with parents

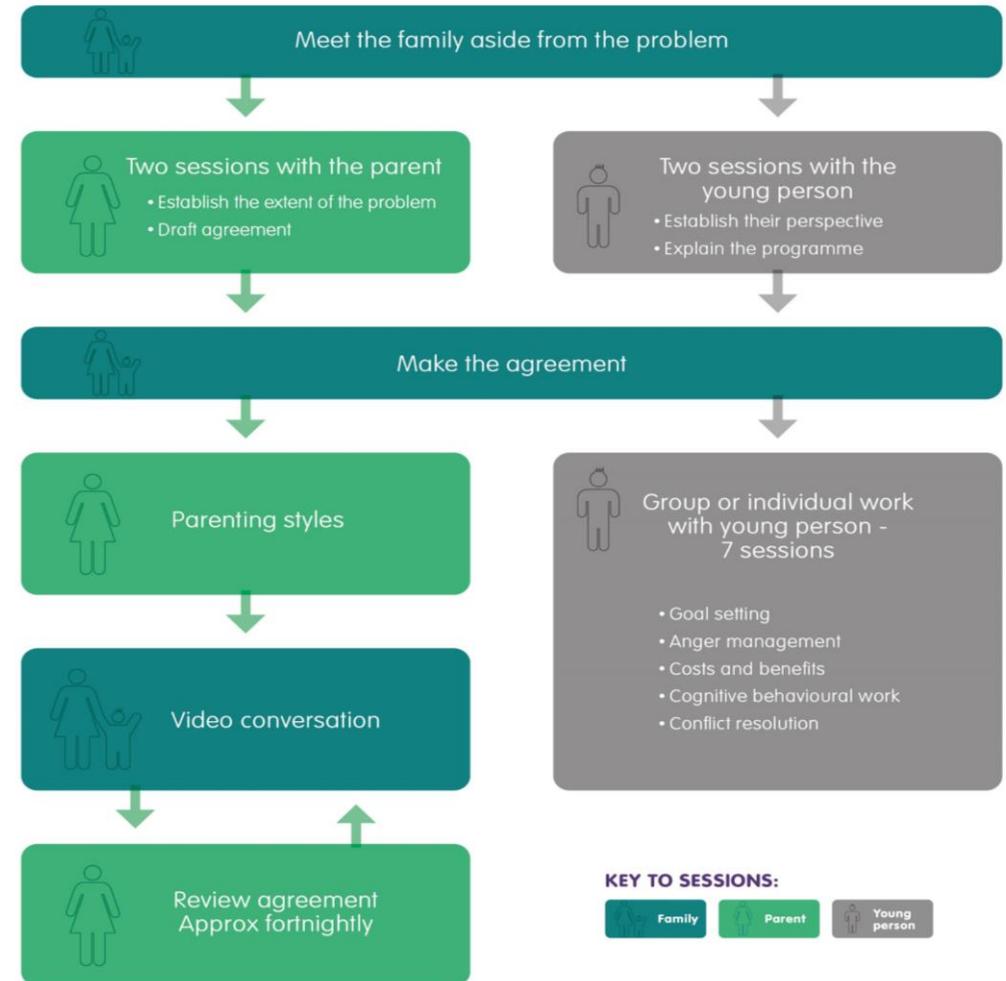
2 family sessions

9 sessions YP

1 exit / closure session

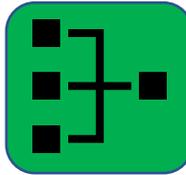
Delivered in accordance with practice and implementation manuals

RYPF flow diagram



Theories that underpin the RYPP programme

Systems theory



Cognitive Behavioural Theory



Social learning theory



Strengths based



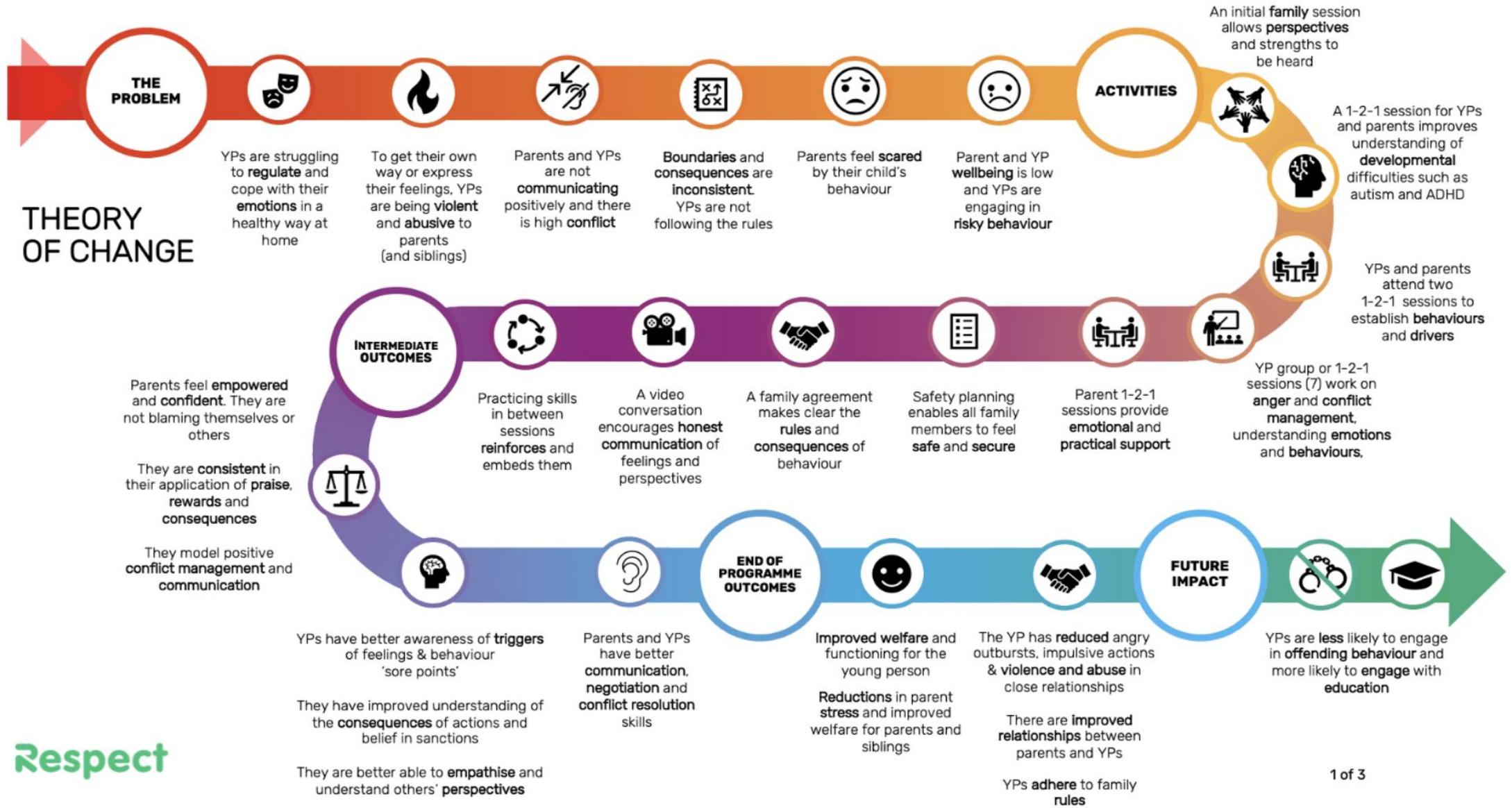
Restorative approaches



Trauma informed



THEORY OF CHANGE



Respect

Respect sample case file analysis 2021

- Most common types of abuse being used were emotional/ psychological (89%) and physical (88%)
- 70% had destroyed property (breaking doors, holes in wall etc)
- In 28% of the cases siblings were also physically abused
- 89% of adult victims of emotional abuse were mothers

Differences made (RYPP)

- Two-thirds of parents reported improvements in their child's overall mental health and conduct
- Over half (56%) of children reported improvements in their overall mental health
- The programme is effective in producing change in the areas it targets – YP mental well-being, conduct, parental relationships but less so on peer relationships (not a target area for the RYPP)

Social research unit, 2016

Implementation: learning

- Support for families on a needs led basis- including early intervention and more intense therapeutic support
- Referral pathways in place and a range of support services available
- Awareness raising needed amongst professionals
- Ongoing implementation support
- Effective outcomes monitoring

Thank You

For more information about any of Respect's Young People's services please contact: Alice.Lilley@respect.uk.net